

30 Days of heARTs + Giving

Goals:

- Make Joy by playing with a variety of embellishment techniques to transform practice quilt sandwiches into quilted heARTs.
- Add Joy into the world by leaving them around local libraries, parks, schools, community centers, etc for others to adopt/take home through the [I Found a Quilted Heart Project](#)

My Process:

- Roll one die to choose daily embellishment technique to transform one or more hearts

Materials/Resources:

- 30+ hearts cut out from quilted sandwiches
- Embellishment supplies already on hand in studio: fused scraps, paints, pens, markers, sheer fabrics, embroidery floss, yarn, ribbon, beads, buttons, sequins, etc.
- Finishing Supplies: Puffy/Dimensional Paint, [IFAQH Tags](#), Ribbon

Documentation:

- Post daily transformation(s) on Instagram (Include dice roll, supplies, process) using the hashtag #heARTsGiving
- Weekly Blog Post with reflections/insights and photos of hearts out in the world

| Dice Roll | Embellishment/Technique |
|-----------|--|
| 1 | Fused Scraps/Raw Edge Applique |
| 2 | Mark Making: Paints, Stamps, Pens, Markers... |
| 3 | Sheers: Tulle, Organza |
| 4 | Fibers: Embroidery Floss, Yarn, Ribbon |
| 5 | Bling: Beads, Buttons, Sequins |
| 6 | Artist's Choice |

Daily Log of Dice Rolls for November 2021:

| | | | | |
|-------|-------|-------|-------|-------|
| 11/1 | 11/2 | 11/3 | 11/4 | 11/5 |
| 11/6 | 11/7 | 11/8 | 11/9 | 11/10 |
| 11/11 | 11/12 | 11/13 | 11/14 | 11/15 |
| 11/16 | 11/17 | 11/18 | 11/19 | 11/20 |
| 11/21 | 11/22 | 11/23 | 11/24 | 11/25 |
| 11/26 | 11/27 | 11/28 | 11/29 | 11/30 |